



Eco-concierge on my case



John-Paul Flintoff
The Sunday Times

I have a confession to make: I've never actually done my "footprint". Till now.

What I've tended to do instead is have a jolly good look at the kinds of questions they ask, then decide that I wasn't doing badly. But now I have started testing the services of [Eco Concierge](#) (who promises to "take the hassle out of living a greener and more sustainable lifestyle", and the concierge in question, Kirsten Jack (pictured) wanted to get an idea what I'm like, eco-wise, by running through the [WWF Footprint Calculator](#) with me over the phone.

I'm happy to report that it didn't take very long. But then, she only did the broad-brush test - looking at the major areas of "food", "travel", "home" and "stuff" - which yielded the disappointing result that if everybody lived as I do, we'd need 3.2 planets.

I am glad to say that, upon following up and ticking off those additional items that I've already tackled, I brought my planetary burden down to (a still not absolutely satisfactory) 1.48 planets.

Jack set up her concierge business because, she says, "I know people want to do the right thing, they are just very busy and don't get round to doing all the things they'd like to do."

I tried to tell her that I quite like finding out about all this stuff myself, and reckon that people should take responsibility for themselves - but she gently punctured that self-regarding idea, over the following days, by lining up a visit to my home by the Energy Saving Trust, and digging up untold bits of detailed information about why I'm bonkers even to think about retrofitting my wooden sash windows with double-glazing.

I'm not sure what I've started, but will report further in due course.

Eco Concierge services start at £35 an hour

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